



MINISTRY
OF INTERIOR
OF THE SLOVAK REPUBLIC

Recommendations for Citizens DURING HEATWAVES



Stay in the shade
if possible



Maintain proper
hydration, eat lighter
and dress comfortably



Refresh yourself with
a lukewarm shower at least
once a day



Ensure adequate water
for animals and allow them
to shelter from direct sunlight



Protect homes and workplaces
from direct sunlight through
windows or skylights



Never leave children or animals
in parked cars

